



HDOPF

Horsham District Older Peoples Forum

A voice for the 60 plus

ANNUAL GENERAL MEETING and
PUBLIC MEETING 4TH DECEMBER 2018

at ASHINGTON VILLAGE HALL

1(1) PRESENT:

Martin BRUTON	MB	HDOPF Chairman	
Arthur READER	AR	HDOPF Vice Chairman	
Alf GOODCHILD	AG	HDOPF Treasurer	
Martin TOOMEY	MT	HDOPF Secretary	
Sonia MANGAN	SM	CEO Age UK Horsham District	[HDOPF Committee]
Leo JAGO	LJ	Henfield Action for Older People	[HDOPF Committee]
Pat ARCULUS	PA	Cllr WSCC	
Lilian BOLD	LB	Clinical Commissioning Group Horsham & Mid Sussex	
Rosemary BURTON	RB	Southwater Neighbourhood Network	
Edna HENLY	EH	Cllr Pulborough PC	
Caroline INSTANCE	CI	Trustee Age UK Horsham District.	
Derek MOORE	DM	Cllr Southwater PC	
Chris OSBORNE	CO	Cllr Horsham Denne NC	
Judith PACKER	JP	WSCC Partnerships & Communities	
Loretta ROGERS	LR	WSCC Adult Services	
David SEARLE	DS	Chairman HTCP [HDOPF Committee]	
Brian SPICER	BS	Cllr Billingshurst PC	
Claire SHEPHERD	CS	Horsham District Council.	
Jacob WATTS	JW	NATWEST Community Banking	

1(2) APOLOGIES RECEIVED FROM:

Jane APOSTOLOU, Cllr John BLACKALL, Barbara BALDWIN Mid Sussex Older Peoples Council, Jacqueline JOYCE, Janice BROWN, Cllr Kate ROWBOTTOM; Chris CRIBB, Adrian TILBROOK.

1(3) NOTES OF THE LAST MEETING

Notes of the meeting 29th August 2018 at Colgate are on the HDOPF Website. There are no matters arising from them.

2. ANNUAL GENERAL MEETING 2018

2(1) Notes of the AGM 1ST AUGUST 2017 are on the HDOPF Website.

2(2) CHAIRMAN'S REPORT

A successful year in which we acknowledge working with the excellent support of Claire Shepherd HDC and Judith Packer WSCC and the great contributions of all our Committee members.

Activities:

- **Horsham District Older Peoples Directory of Services:** working with HDC the directory was updated for publication in January 2018.
- **Hospital Insight Project:** working with WSCC, NHS Healthwatch, HDC and Age UK Horsham District on issues of patient visiting, Hospital discharge care plans, home care and associated matters a report was produced in November 2017.
- **Mobility Scooters Project:** concerns raised at a Forum meeting on safety issues relating to Mobility Scooters, their riders, pedestrians, traffic and negotiating pavement levels initiated an approach to Horsham Town Community Partnership. Their response with Chairman and project manager David Searle has provided a pilot scheme for Mobility Scooter Training in Horsham and the District with liaison elsewhere. [horshamscootersafety.org]
- **Community safety partnership:** Arthur Reader represents HDOPF on the Older Vulnerable Persons Group and the Older Drivers working group.
- **Horsham District Dementia Action Alliance:** HDOPF continues membership and liaison.
- **Age UK Horsham District** has a very close and valued working liaison with HDOPF through CEO Sonia Mangan who is also a highly valued member of the HDOPF Committee.

- **Events Participation:** HDOPF Stand at WSCC Showcase public event March 2018 and January 2018 Internet Security event in Swan Walk Horsham with TSB Banking, Horsham District NHW, Citizens Advice Bureau and Sussex Police.

- **Media Presence:** The HDOPF Website is continually updated with Horsham Police weekly NHW bulletins, National Newspaper articles, to promote meetings and issues.

Social Media: Facebook and Twitter are also used to disseminate information.

- **Public Meetings around the District: [notes published on Website]**

2017 December: Southwater

2018 March: MP Question Time rescheduled to November due to transport disruption by snow.

May: Billingshurst

August: Colgate

November: MP question time with Jeremy Quin MP.

December: Ashington

- **Programme 2019:** will be circulated once dates and venues are confirmed.

2(3) TREASURER'S REPORT

Balance in Account: £500

2(4) ELECTION OF OFFICERS and COMMITTEE

Nominated and unopposed: re-appointed

Chairman Martin Bruton

Vice Chairman Arthur Reader

Treasurer duties taken by Chairman and Vice Chairman

Secretary Martin Toomey

Members Sonia Mangan, Leo Jago, David Searle

End of AGM. Usual public meeting continued.

3. GUEST SPEAKERS

3(1) LORETTA ROGERS: THE REALITY OF ADULT SOCIAL CARE IN WEST SUSSEX

- **POPULATION PROJECTIONS: GROWTH IN POPULATION OF CARE AGE**

(source Office of National Statistics mid 2016 estimates)

Overall 2018: 860,000 2038: 977,000 14% in 20 years

aged over 65: 197,000 294,000 +50% in 20 years

aged over 80: 30,000 57,000 +88% in 20 years

Horsham

aged over 65 will increase in the period 2018 to 2038 by circa 17,400

within these ages additional care for dementia can be expected

(Horsham approximate average 10-20 cases per 1000 population)

- **CARE PROVISION UNSUSTAINABLE**

Adult Social Care provision costs WSCC 37% of its total budget.

2016 to 2019 the older peoples' budget has grown from £128.3 to 139.7 million and could grow in the same way by £6million each year.

Provision is currently for 8000 which includes 2500 residential places and 2300 care at home. Care providers funded by WSCC are failing with their care & having to be taken over by WSCC. There are also insufficient workers in the care market to meet the needs of the growing older population.

- **PUBLIC / PRIVATE FUNDING**

Provision by WSCC is probably 30 % of the market with the remainder 70% privately funded. Other providers can only survive with better funding than public funding which government has set too low. Private Care home charges currently circa £700-780 per week with the government assistance only after expenditure of your £23,250 savings with a sliding scale down to £14,000. Government is reviewing figures and a green paper is expected. An issue is the over-reliance on residential care and more attention to care in the home. Care commissioning needs to be close to the ground.

- **COMMUNITY LED SUPPORT FOR IN OWN-HOME CARE**

WSCC is committed to changing this approach over the next three years to develop and implement personal services with contact to maximise people's independence. Local community networks [hubs] will be nurtured; informal carers will be supported; the most vulnerable will be safeguarded; advice and guidance

will be available. Integration between WSCC Social Services and NHS provision will be implemented in these changes. Dependence on residential care and day centres will be focused on short-term and end of life care.

Consultation and pilots: From 14th December 2018 the consultation proposals for the simplifying of social care working with the people needing care and closer to individual communities will be launched on the internet and with leaflets available. Pilot schemes were implemented last year locally in Worthing, Chichester, in the coastal strip and in North Horsham. The emphasis has been on a swift response to applications for needs. Corresponding to localities, the services have been organised into Teams and Operations with appropriate managers.

Discussion

[LR][PA][CI]

In the interim : Releasing Hospital Beds.: unblocking money required to provide 'step down' beds with physiotherapy and occupational therapy linked to care homes.

Own Home care schemes

[DM] self-sufficiency with fewer care needs beware of social isolation –loneliness.

[SM][PA][JP] **Extra care schemes are the future.**

Councils and the private sector have invested and are investing now, with examples of Warden assisted developments of flats with communal lounges and in some cases restaurants. Chichester Westergate, Billingshurst, Selsey, Worthing, Littlehampton, Storrington and more. Whitley Village in Weybridge/Hersham Surrey is an established example of a stand-alone development. [MB]

Inter generational support [C I][CO][DM]

Stand-alone development could include inter-generational provision.

Larger houses can provide family support for the older generation if designed for semi-independent living. (Thakeham Neighbourhood Plan). Could they be introduced into current housing developments ?.

[LB] Inter-generational mix avoids the present danger of older generation 'ghettos'. The generations need to mix.

Mismatch of administrative areas [PA][JP]

Horsham district is within two Clinical Commissioning Groups (CCG's) with a corresponding mismatch of General Practices' areas. Districts and Borough boundaries complicate issues of funding and responsibility.

3(2) SONIA MANGAN: AGE UK CAMPAIGN "CRISIS IN CARE"

Age UK Network

A National Organisation undertaking research to produce evidence for lobbying and campaign influence and underpinning with oversight of independently run area organisations. **Locally Age UK Horsham District**

Policy Positions (quick reference guide)

regularly reviewed and updated including a Policy Panel of local Age UK's and Policy Sounding Board of Older People. Latest publication August 2018.

Current Issues: Minor

Winter Fuel allowance – continue without means testing.

TV Free Subsidy for Older People : controversy remains over previous government putting subsidy payment obligation on BBC who in consultation suggest that this means cut in service. Subsidy remains universal. Cost of Commercial subscriptions average £45 per month.

Painful journeys: Coordination between services and provision for elderly and disabled continual problem for routes to hospital and medical centre appointments. A start to address problems coming with an Inclusive Transport Strategy in July.

Current Issues: Major: Caring Crisis

Proper funding of Older Persons Care: needs a better examining conversation and attention from all parties. In the last election the media converted the conversation into a headline 'dementia tax'. Public do not expect public payment for care until they themselves experience the need.

Age UK Website discussion points:

- Social Support spending is preferable to the spend of £500 per day for an NHS bed and is not people friendly. The Dutch run a very good service albeit more expensive than UK. [PA]
 - Systematic discussion is needed. The Green Paper promised for May 2019 may not be timely for soonest implementation of changes.
 - Brexit monopoly of government and parliamentary attention is obstruction to progress and the 29th March EU exit will affect the care work force.
-

3(3) DAVID SEARLE : MOBILITY SCOOTER TRAINING PROJECT REPORT

The **FREE** Horsham Town Community Partnership **Mobility Skills and Safety Sessions** that we are offering to the Residents of Horsham District are progressing well. To date 38 have attended and without exception they have all said how much they have enjoyed the 2 hour session. Experienced drivers said they had picked up lots of tips and advice and feel they will be much safer and considerate of other pavement users. Those less experienced drivers feel very much more confident and those who came along who had never ridden a scooter do not now feel nervous about changing their car for a scooter.

As you all no doubt know you can go into a shop and hand over your cash and drive off without any past driving **experience**, no **insurance** or any **level of fitness**. You can drive a scooter on the road provided they are the correct class and you have registered the scooter with the DVLA. Some retailers give a little instruction and recommend taking out an insurance but very few explain all the knobs and buttons. They leave that up to you which I'm sure not many of you here today have ever read your car manual in detail and are still finding things out about your car. We had one person that didn't know that they could limit the scooter's speed by turning the knob on the tiller from 'Hare' to 'Tortoise'. Another didn't know that the seat rotated for ease of getting on and off. A small person found it difficult to look up when driving. After we adjusted the seat and tiller they sat more upright and found it easier to spot the hazards ahead.

Physical Disabilities need not restrict a person from using a scooter. A person attending a session had lost the use of an arm and was not sure that they would be able to use a scooter. We gave them the use of one of our scooters which we adjusted to suit and after the session they felt confident to look at buying a scooter. A person with MS attended a session but became very tired and we suggested they came back to another session which they did. If we have any doubts about a person using a scooter we have the facility to refer them to the Queen Elizabeth Foundation at Carshalton where there is a qualified Occupational Therapist who will give advice.

Project continuing until funding dries up. The initial project was for a period of six months and our objective was for at least 30 to attend which we have achieved. We still have some funding left and have applications to Tesco, Horsham District Council and Horsham Masonic Lodge. If you are a Tesco Shopper and you see out project please put your blue disc in our box.

As expected with winter approaching and the evenings drawing in, the numbers are dropping off but we will continue when we have sufficient numbers to run a session. We have given presentations to various residential homes at their coffee-mornings and at one McCarthy & Stones home we signed up 8 of their residents. If anyone here today knows of an organisation that would welcome a presentation please let us know before you leave. Don't think as you are in the rural parts of the District there will be no interest as you do not have the infrastructure to accommodate a scooter. Remember some scooters fold up and go in the boot of the car so they can be taken on holiday, go on shopping trips, visit friends and family.

Community Wardens participation : Pulborough Wardens brought two residents to a session; Horsham Town Wardens have attended and Billingshurst Wardens are booked in. The Wardens are invited to take part and doing so feel more confident speaking to scooter riders – particularly those driving inconsiderately.

If you would like to know more about the Mobility Scooter Skills and Safety Sessions please ask for a leaflet before you leave and help us promote this initiative.

MOBILITY SCOOTER DISCUSSION

[C I] Could the Mobility Training Service be offered to Supermarkets (Tesco) for navigating their stores?

Their public liability puts burden on the user.

[PA] Scooters of use for dog walking. Some users might be better walking for their health.

WSCC are removing cobbles from Horsham Carfax and putting in traffic slowing features particularly at walkways.

"A" board supervision is necessary.

[DM] Lights are an issue for attention.

[DS] Pavement training- shared space - is important. Pedestrians have right of way

Insurance Discount

Certification by the scheme encourages Insurers to offer individuals discounts.

Training on unfamiliar scooters

Enables use of other's scooters.

4. ANY OTHER BUSINESS

- **HD Directory of Older Peoples Services Directory Updating**

The Directory is also online and can be updated continuously.

- **Banking Services**

Natwest Community Banker Jacob Watts. Agreed to talk about issues when local banking services removed at a future meeting.

5. NEXT MEETING 10.30 am MONDAY 18TH MARCH 2019

TRINITY CHURCH HALL, THAKEHAM ROAD, STORRINGTON RH20 3NG
